









Wyong ACTIVITY LIST

Regular Incursions at Wyong

 Cooking	 Indoor Sports	 Dancing	 Karaoke	 Arts and Crafts
<p>Life skills training including how to handle money, grocery shop, how to cook and clean</p> 		<p>Vocational skills training including computer and interview skills, personal presentation and workplace expectations</p> 		

Regular Excursions at Wyong

 BBQs	 Bushwalking	 Visits to Art Galleries and Museums	 Bowling	 Swimming	 Movies	 Gym	 Lunch at local cafes
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